



## LADDER SAFETY

**ALWAYS PERFORM A LADDER INSPECTION BEFORE EACH USE. DO NOT USE  
IF YOU DETECT MISSING, DAMAGED, OR LOOSE COMPONENTS.  
CALL US IMMEDIATELY!!!**

- 1) Be particularly careful when pushing or pulling anything while on a ladder.
- 2) Always face the ladder when climbing or descending and maintain a firm grip.
- 3) Get help with a ladder that is too heavy to handle alone.
- 4) Be sure all ladder feet are on firm, level ground.
- 5) Don't place a ladder on slippery surfaces or place loose material under a ladder.
- 6) Don't sit on a step ladder.
- 7) Don't climb a closed stepladder or the back of a single-sided stepladder.
- 8) Don't exceed the maximum load capacity of a ladder or permit more than one person on a single-sided stepladder or extension ladder.
- 9) Don't place the base of an extension ladder either too close or too far from what the ladder top is leaning against.
- 10) Don't attempt to move or reposition a ladder by walking it or while still standing on it. Always climb down and move your ladder while standing on the ground.

**STAY ALERT, WATCH WHAT YOU ARE DOING AND USE COMMON SENSE. IF  
YOU DO NOT UNDERSTAND THE SAFE OPERATION OF THE EQUIPMENT, STOP  
WHAT YOU ARE DOING!!!  
CALL US IMMEDIATELY!!!**